

The What Works Centre for Wellbeing in partnership with
Public Health England and the New Economics Foundation



Public Health
England

Protecting and improving the nation's health



presents

An afternoon of Wellbeing Discussion, Dialogue and Debate

Wellbeing and Improving the Public's Health

Guest lecture with invited panel and audience discussion

Monday 27 July 2015

14:00 – 17:00hrs

Central Hall Westminster
Storey's Gate
Westminster
London
SW1H 9NH

This event is free to attend please register [here](#)

Programme

14:00 **Arrival**

Group Meditation – Dr Tho Ha Vinh, Programme Director, Gross National Happiness Centre, Bhutan.

Welcome and Introduction to the afternoon - Gregor Henderson, National Lead, Wellbeing and Mental Health, Public Health England

14:10 **Guest lecture**

Dr Julia Kim, Senior Program Adviser, Gross National Happiness Centre, Bhutan.

‘What can we learn from Bhutan and the Vision of Gross National Happiness for Improving the Public’s Health’

15:00 **Tea**

15:20 **Panel response** - Each respondent to give a short response to the lecture and to outline from their perspective how a shift to focusing on wellbeing and wellness can help to improve the public’s health

- Nancy Hey, Director, What Works Centre for Wellbeing
- Saamah Abdallah, nef
- Alfred Tolle, Google
- Dr Katherine Trebeck, Policy and Research Advisor, Oxfam GB Global Research Team
- Dr Julia Kim and Dr Tho Ha Vinh

16:00 **Audience discussion**

16:45 **Thanks and summary** – Gregor Henderson

Event ends



Dr Julia Kim is a physician and global health & development specialist who has worked extensively in Africa and Asia, as well as UNDP and UNICEF in New York. She is currently a Senior Program Advisor at the GNH Centre and a member of the International Expert Working Group for the New Development Paradigm, convened by the Government of Bhutan. She participated in the 2012 UN High-Level Meeting on “Happiness and Wellbeing: Defining a New Economic Paradigm” and contributed to the follow-up global report on “Health, Happiness and Well-being: Implications for Public Policy”. Prior research has

focused on addressing structural drivers of HIV and reproductive health - including gender, economic inequalities, and violence - through cross-cutting public health interventions, and she has published in a range of journals, including the Lancet, British Medical Journal, American Journal of Public Health, AIDS, WHO Bulletin, and Social Science & Medicine. Julia graduated from Cornell University, is a Specialist in Internal Medicine and Community-Oriented Primary Care (Tufts University School of Medicine) and holds a MSc. in Public Health in Developing Countries (London School of Hygiene and Tropical Medicine).

This event is free to attend please register [here](#)